

FUNDAMENTAL POSTULATES AND PRINCIPLES OF CAFH

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Postulates

Cafh has the following postulates:

The fundamental principle of the universe—God—transcends our present understanding.

Human beings have countless possibilities in respect to their unfolding. This is because we have *consciousness*, the intelligent perception of ourselves and our sphere of action; and *will*, the capacity to set objectives for ourselves and fulfill them.

The members of Cafh maintain that spiritual unfolding is our fundamental work, and that through our spiritual unfolding, we develop the ability to understand ourselves and to comprehend our relationship with life, the world and the divine.

The members of Cafh uphold that to participate with society is to apply what we learn in a productive way. This is also the way we find peace and happiness for ourselves and help to generate peace and progress for humankind.

Commentary

Cafh offers us a path of spiritual unfolding that is applicable to everyone, in order that we may realize our potential according to our will and characteristics.

Spiritual vocation is what we call our individual will as applied to our spiritual unfolding.

Since we emphasize individual responsibility and our individual capacity to learn, we do not adhere to irreducible dogmas or allow ourselves to be led by charismatic personalities or other things of that nature.

We are careful not to mistake hierarchy of functions with the superiority of some individuals over others. Therefore, as members of Cafh we do not refer to ourselves as Master and disciples. The quest for the divine is individual. Those who embark on that quest are companions on the road.

Fundamental Principles

Human beings have the right to freedom of thought, feelings and to make decisions about our own life without the interference of others.

The right to freedom is basic to human unfolding and gives us countless possibilities. Among these possibilities is that of making commitments to ourselves, to others and to God. Once we make commitments, the exercise of freedom consists in our capacity to fulfill those commitments faithfully.

The right to freedom implies responsibility in exercising it. The development of responsibility as we exercise our freedom is what leads to peace and happiness.

Commentary

The aim of the teaching of Cafh is to help us expand our consciousness through a continuously updated interpretation of life and the world. The expansion of consciousness, among other values, is what develops our sense of responsibility.

Renouncement is the foundation of the teaching of Cafh and teaches it through the Asceticism of Renouncement and the Mysticism of the Heart. Acceptance of the limits of our understanding and the will to develop the understanding of ourselves, life, and the world are the firm foundation of our road of unfolding.

With these postulates and fundamental principles, Cafh furthers our spiritual unfolding.

Cafh is offered to all human beings to stimulate their unfolding without discrimination. Its teachings are expressed through institutions sponsored by Cafh, and especially in the way its members apply it to their own lives.

Cafh does not have the final answers or solutions to the problems of the world. Rather, it provides a means for the harmonious development of humanity through individual inner work. Cafh contributes to the advent of a universal religion in which we will see a harmonization of the fundamental principles of the different current beliefs.